



## COVID-19 Summary of published guidance and support for vulnerable groups

This document provides a summary of the main guidance produced by national government, local government, voluntary, community and third sector organisations, to help vulnerable individuals, groups and communities to protect themselves and others from COVID-19, and to manage the impact of shielding and social distancing. It is intended to be an 'easy access' document for a range of organisations in local areas who support vulnerable people, groups and communities.

**Please note:** The information contained in this document is as up to date as far as possible on the day of publication. Care has been taken to include only those links that have verified and accurate content, however Public Health England is not responsible for the content of documents published by other organisations. These materials do not constitute an exhaustive list and other information will be available. You can find links to all government published guidance at <https://www.gov.uk/coronavirus>

The guidance in this table includes those most vulnerable to the impact of COVID-19 as a result of: -

- Protected characteristics
- Vulnerable and excluded groups
- Life course
- Clinical/other risk conditions- this includes those living with conditions that put them at greater clinical risk or those with conditions that increase their social risk of contracting COVID-19 and their carers.
- Care Services



Protected Characteristics		
	Current Guidance	Source
<b>People with disabilities</b>	<a href="#">Registration for support for the clinically extremely vulnerable</a>	Government
	<a href="#">Association for British Neurologists' guidelines on COVID-19</a>	ABN
	<a href="#">MS Coronavirus care and support</a>	MS Society
	<a href="#">COVID-19 and MS</a>	MS Society
	<a href="#">Personal independence payment</a>	Government
<b>LGBT</b>	<a href="#">Guidance for LGBT organisations</a>	Stonewall
<b>Pregnancy or maternity</b>	<a href="#">Useful COVID-19 FAQs about rights and benefits during pregnancy and maternity</a>	Maternity Action
	<a href="#">Pregnancy Guidance</a>	Royal College of Gynaecology
	<a href="#">Start 4 Life COVID-19 in Pregnancy</a>	Government
	<a href="#">Sure Start Maternity Grants</a>	Government
	<a href="#">Maternity Pay Leave</a>	Government
<b>Race</b>	<a href="#">Race Equality Foundation Blog about BAME people and COVID-19</a>	Race Equality Foundation
	<a href="#">Video guidance in multiple languages</a>	Ask Doc
	<a href="#">Guidance in multiple languages including BSL</a>	Cambridgeshire County Council
	<a href="#">Stay at home guidance in multiple languages</a>	Government
	<a href="#">PM's COVID 19 Leaflet in multiple languages</a>	Government
	<a href="#">Mental health guidance in multiple languages</a>	Every Mind Matters
	<a href="#">COVID-19 Story for children in multiple languages</a>	WHO
<b>Religion or Beliefs:</b>	<a href="#">Faith communities and COVID-19</a>	Interfaith
	<a href="#">Faith Action COVID-19</a>	Faith Action



Vulnerable and excluded groups		
	Current Guidance	Source
<b>Prison services</b>	<a href="#">COVID-19: prisons and other prescribed places of detention guidance</a>	Government
<b>Domestic Abuse</b>	<a href="#">Victims of domestic violence and abuse COVID-19 guidance</a> <a href="#">COVID-19 and Victims of domestic violence and abuse</a> <a href="#">Safe accommodation provision</a> <a href="#">Victim and witness services</a> <a href="#">Relate COVID-19 Guidance</a> <a href="#">National Help Line</a>	Safe Lives Government Government Government Relate National Help Line
<b>People on low incomes and living in poverty</b>	<a href="#">Coronavirus: what does it mean for people restricted by poverty?</a> <a href="#">COVID-19 and Money</a> <a href="#">Understanding Unemployment and Benefit Support</a> <a href="#">Vouchers for Healthy Start</a> <a href="#">Help to claim Universal Credit (England and Wales)</a> <a href="#">COVID-19 Renting guidance for landlords, tenants and local authorities</a> <a href="#">HMO Guidance</a> <a href="#">Fuel Poverty Support</a> <a href="#">Budgeting loans</a> <a href="#">home energy appliance replacement</a> <a href="#">Food Poverty</a>	Joseph Rowntree Foundation Money Advice Service Government Healthy Start Citizens Advice Government British Landlords Association OFGEM Government HEART Trussell Trust
<b>Sex workers</b>	<a href="#">COVID-19 and Sex Work</a> <a href="#">COVID-19 Resources for sex workers</a>	National Ugly Mugs Swarm



<b>Modern Slavery Victims</b>	<a href="#">COVID-19 and Modern Slavery</a> <a href="#">COVID-19 resources and support co-ordinated by NGOs</a> <a href="#">Modern slavery statutory guidance</a>	Government Human Trafficking Foundation Government
<b>People who misuse or are dependent on substances</b>	<a href="#">Contingency planning for people who use drugs and COVID-19</a> <a href="#">Guidance on Drug Alerts</a>	Scottish Drugs Forum Government
<b>Migrants (regular and irregular)</b>	<a href="#">PHE Migrant Health NHS entitlements page</a> <a href="#">Guidance for Non-UK Nationals</a> <a href="#">Multilingual Guidance</a> <a href="#">Guidance in multiple languages including BSL</a> <a href="#">Video guidance in multiple languages</a> <a href="#">Stay at home guidance in multiple languages</a> <a href="#">PM's COVID 19 Leaflet in multiple languages</a> <a href="#">Mental health guidance in multiple languages</a> <a href="#">COVID-19 Story for children in multiple languages</a>	Government GLA Doctors of the world Cambridgeshire County Council Ask Doc Government Government Every Mind Matters WHO
<b>Gypsy, Roma and Traveller communities</b>	<a href="#">COVID-19 Guidance for supporting people living on traveller sites, unauthorised encampments and canal boats</a> <a href="#">Guidance in Romani</a> <a href="#">Letter from Stephen Greenhalgh to Local Authorities - COVID-19: mitigating impacts on Gypsy and Traveller communities</a> <a href="#">Letter from Luke Hall to caravan and park home owners</a>	Friends, Families & Travellers Roma Support Group Negotiated Stopping Government Every Mind Matters



	<p><a href="#">COVID-19 Information and Resources</a></p> <p><a href="#">Managing unauthorised encampments</a></p> <p><a href="#">Stay at home guidance in multiple languages</a> (Includes Romani)</p> <p><a href="#">Mental health guidance in multiple languages</a> (Includes Romani)</p> <p><b>Funerals and rituals in communities:</b></p> <p><a href="#">Cemeteries and Burial Culture and Traditions for people from Traveller communities</a></p> <p><a href="#">Care Committed to Me - Delivering high quality, personalised palliative and end of life care for Gypsies and Traveller, LGBT people and people experiencing homelessness</a></p> <p><a href="#">Funerals (Covid-19) - Funerals (COVID-19)</a></p>	<p>Pavee Point – Traveller and Roma Centre</p> <p>Government</p> <p>Government</p> <p>Every Mind Matters</p> <p>FFT</p> <p>Health and Wellbeing Alliance</p> <p>Traveller Movement</p>
<p><b>Homeless e.g. rough sleepers</b></p>	<p><a href="#">COVID-19 Guidance from Homeless Link</a></p> <p>**Updated guidance to follow from PHE- hostels, day centres etc.**</p> <p><a href="#">Guidance for commissioners and providers of services for people who drug or alcohol</a></p>	<p>Homeless Link</p> <p>Government</p> <p>Government</p>
<p><b>COVID-19 Information written in Community Languages</b></p>	<p><a href="#">NHS guidance translated into 43 languages</a></p> <p><a href="#">COVID-19 Stay at home guidance in multiple languages including BSL and Easy Read</a></p> <p><a href="#">COVID-19 guidance on shielding in multiple languages including BSL and Easy Read</a></p> <p><a href="#">Guidance in multiple languages including BSL</a></p> <p><a href="#">Video guidance in multiple languages</a></p> <p><a href="#">COVID-19 Story for children in multiple languages</a></p>	<p>NHS England and NHS Improvement</p> <p>Government</p> <p>Government</p> <p>Cambridgeshire County Council</p> <p>Ask Doc</p> <p>WHO</p>



<p><b>People living with mental health conditions</b></p>	<p><a href="#">Guidance for the public on the mental health and wellbeing aspects of COVID-19</a>  <a href="#">advice on looking after your mental health during the Coronavirus outbreak</a>  <a href="#">Mind's guide to Coronavirus and your wellbeing</a>  <a href="#">Every Mind Matters COVID-19 Advice</a></p>	<p>Government MH Foundation Mind Government</p>
<p><b>People with learning disabilities</b></p>	<p><a href="#">Easy read guide to COVID-19</a>  <a href="#">NHS England and NHS Improvement letter re: DNACPR</a>  <a href="#">Mental health and wellbeing guidance</a>  <a href="#">Exception to the once a day exercise rule for medical need</a>  <a href="#">Advice and support for disabled people</a>  <a href="#">Registration for support for the clinically extremely vulnerable</a>  <a href="#">Hand washing guidance in Easy Read, Larger Print and BSL</a>  <a href="#">COVID-19 Stay at home and keeping away from people guidance in multiple languages and easy read</a>  <a href="#">COVID-19 guidance on shielding in multiple languages including BSL and Easy Read</a>  <a href="#">Guidance in multiple languages, BSL and easy read</a>  <a href="#">Easy read Coronavirus posters</a>  <a href="#">Coronavirus (COVID-19): SEND risk assessment guidance</a></p>	<p>Mencap NHS England and NHS Improvement Government Government Scope Government Government Government Government Government Bradford talking media Photosymbols Government</p>
<p><b>People with Autism</b></p>	<p><a href="#">NHS England and NHS Improvement letter re: DNACPR 'My Ways to Cope'</a>  <a href="#">Mental health and wellbeing guidance</a>  <a href="#">Coronavirus information</a>  <a href="#">Exception to the once a day exercise rule for medical need</a></p>	<p>NHS England and NHS Improvement Government National Autistic Society Government</p>



	<a href="#">Registration for support for the clinically extremely vulnerable</a> <a href="#">Hand washing guidance in Easy Read, Larger Print and BSL</a> <a href="#">COVID-19 Stay at home and keeping away from people guidance in multiple languages and easy read</a> <a href="#">COVID-19 guidance on shielding in multiple languages including BSL and Easy Read</a> <a href="#">Guidance in multiple languages, BSL and easy read</a> <a href="#">Easy read Coronavirus posters</a>	Government Government Government Government Bradford talking media Photosymbols
<b>People with sensory issues</b>	<a href="#">BSL video on social distancing and self-isolation</a> <a href="#">COVID-19 Updates in BSL</a> <a href="#">BSL Stay at home guidance</a> <a href="#">Hand washing guidance in Easy Read, Larger Print and BSL</a> <a href="#">COVID-19 Stay at home and keeping away from people guidance in multiple languages and easy read</a> <a href="#">COVID-19 guidance on shielding in multiple languages including BSL and Easy Read</a> <a href="#">Guidance in multiple languages, BSL and easy read</a> <a href="#">Easy read Coronavirus posters</a> <a href="#">Guidance in multiple languages including BSL</a> <a href="#">COVID-19 and hearing loss</a> <a href="#">COVID-19 and visual impairment</a>	Sign Health Government Government Government Government Government Bradford talking media Photosymbols Cambridgeshire County Council Action Hearing Loss RNIB
<b>Life course</b>		
	<b>Current Guidance</b>	<b>Source</b>



<b>Young People and Children</b>	<a href="#">Guidance on free school meals</a>	Government
	<a href="#">Guide to helping parents answer questions from their children and to support family wellbeing</a>	Place2Be
	<a href="#">Young Minds - Talking to your child about Coronavirus and 10 tips from their Parents Helpline to support family wellbeing</a>	Young Minds
	<a href="#">Amaze - information pack for parents</a>	Amaze Sussex
	<a href="#">COVID-19 guidance for children</a>	Children's commissioner
	<a href="#">COVID-19 guidance on vulnerable children and young people (including safeguarding)</a>	Government
	<a href="#">COVID-19 Guidance for children's social services</a>	Government
	<a href="#">Guidance for Children and Young People's Mental Health</a>	Government
	<a href="#">16 to 19 education: financial support for students</a>	Government
	<a href="#">Help primary school children continue their education during coronavirus (COVID-19)</a>	Government
	<a href="#">Help children aged 2 to 4 to learn at home during coronavirus (COVID-19)</a>	Government
	<a href="#">Help children with SEND continue their education during coronavirus (COVID-19)</a>	Government
	<a href="#">Supporting your children's education during coronavirus (COVID-19)</a>	Government
	<a href="#">Supporting vulnerable children and young people during the coronavirus (COVID-19) outbreak</a>	Government
	<a href="#">What parents and carers need to know about schools and education during the coronavirus outbreak</a>	Government
<a href="#">Get technology support for children and schools during coronavirus (COVID-19)</a>	Government	
<a href="#">New virtual cyber school gives teens chance to try out as cyber security agents from home</a>	Government	





<b>Schools and Educational Institutions</b>	<a href="#">Guidance for educational settings</a>	Government
	<a href="#">Easy Read</a>	Government
	<a href="#">Coronavirus (COVID-19): SEND risk assessment guidance</a>	Government
	<a href="#">Coronavirus (COVID-19): safeguarding in schools, colleges and other providers</a>	Government
	<a href="#">Actions for schools during the coronavirus outbreak</a>	Government
	<a href="#">Actions for FE colleges and providers during the coronavirus outbreak</a>	Government
	<a href="#">Actions for early years and childcare providers during the coronavirus outbreak</a>	Government
	<a href="#">Coronavirus (COVID-19): financial support for education, early years and children's social care</a>	Government
<b>Age: Older people age 60+</b>	<a href="#">Guidance on social distancing</a>	Government
	<a href="#">Guidance on resilience for social care commissioners</a>	Local Government Association
	<a href="#">Registration for support for the clinically extremely vulnerable</a>	Government
	<a href="#">COVID-19 information hub</a>	Age UK
	<a href="#">Ways you can help older people</a>	Campaign to End Loneliness
	<a href="#">COVID-19 and Social Isolation</a>	Government
	<a href="#">Guidance regarding multi-generational living</a>	Government
	<a href="#">Support for people in local area</a>	Age UK
<b>Clinical/other risk conditions</b>		
	<b>Current Guidance</b>	<b>Source</b>
<b>Respiratory Conditions</b>	<a href="#">Asthma Guidance</a>	Asthma UK
	<a href="#">COPD and Bronchitis Guidance</a>	British Lung Foundation



	<a href="#">Registration for support for the clinically extremely vulnerable</a>	Government
<b>CVD</b>	<a href="#">Guidance on heart or circulatory diseases</a>	British Heart Foundation
	<a href="#">Registration for support for the clinically extremely vulnerable</a>	Government
<b>Type 1, Type 2 Diabetes</b>	<a href="#">COVID-19 for people with diabetes</a>	Diabetes UK
	<a href="#">Registration for support for the clinically extremely vulnerable</a>	Government
<b>People living with Alzheimer's</b>	<a href="#">Information for people affected by dementia</a>	Alzheimer's Society
	<a href="#">Registration for support for the clinically extremely vulnerable</a>	Government
<b>People living with cancer</b>	<a href="#">Cancer and COVID-19</a>	Macmillan
	<a href="#">Advice to trusts on maintaining cancer treatment during COVID-19</a>	Government
	<a href="#">Registration for support for the clinically extremely vulnerable</a>	Government
<b>Carers (any age)</b>	<a href="#">Guidance for shared lives carers</a>	Shared Lives Plus
	<a href="#">NHS England and NHS Improvement - Guide to caring for people with Learning Disability, Autism or both during the COVID-19 outbreak</a>	NHS England and NHS Improvement
	<a href="#">Guidance for those who provide unpaid care to family and friends</a>	Government
	<a href="#">Guidance for carers and parents of children and young people</a>	Emerging Minds
	<a href="#">COVID-19 Guidance for Carers</a>	Carers UK
<b>Care Services</b>		
	<b>Current Guidance</b>	<b>Source</b>
<b>Residential and care homes</b>	<a href="#">Managing Care Homes during COVID-19</a>	British Geriatrics Society
	<a href="#">Guidance on care home provisions</a>	Government
	<a href="#">Care home admissions guidance</a>	Government



	<a href="#">Responding to COVID-19: the ethical framework for adult social care</a>	Government
	<a href="#">Working safely in care homes</a>	Government
<b>Home care</b>	<a href="#">Guidance on home care provisions</a>	Government
	<a href="#">Guidance on Direct Payments</a>	Government
<b>Community Inpatient Services</b>	<a href="#">NHS England and NHS Improvement - Managing capacity and demand within community inpatient services</a>	NHS England and NHS Improvement

### Feedback

If you have any comments, updates to add, or examples of work that you are doing to address any of the areas highlighted and would be happy to share with others, please contact the Health Equity Team at Public Health England: [health.equity@phe.gov.uk](mailto:health.equity@phe.gov.uk) We are keen to learn how useful these resources have been and in what way and will take the opportunity to ask for feedback over the coming months.