

### What is the School Nursing Offer?

- Support and intervention to improve health outcomes and reduce health inequalities across all tiers of need for children and young people aged 4-16 years.
- School health clinics to Local Authority and Academy schools within Portsmouth City, appointments at Family Hubs and home visits
- Provide knowledge to schools for health care plans to ensure that the child/young person has their health needs met in school.
- Receive referrals from School, parents/carers, self-referral from young people, other health professionals for example- CAMHS, Health Visitors, Community Paediatric medical service (CPMS), GP and practice staff, Paediatric Consultants (QAH), Community Specialist Nurses, Allied Health Professionals, Childrens Social Care and our local authority colleagues within the 0-19 service.

### Why is it important?

The Nurses within the service have specialist knowledge and training regarding the health and development of school aged children. Through completing a health needs assessment, they can identify any unmet health needs, work closely with families to ensure the child/young person's health needs are being met, identify ways to support this if required and work in partnership with schools to ensure these are met whilst accessing education.

The School Nurses have additional Public Health qualifications at BSc/MSc level and can provide leadership in delivering the Health Child Programme, supervision and direction of staff and work across all Tiers of need.

### How do we do it?

- Delivering key Public Health messages to support the health and emotional wellbeing of school aged children through face to face and group contacts.
- Screening health needs through the school entry and Year 7 questionnaires and the National Child Measurement Programme (NCMP) in schools to Year R and Year 6 children.
- Following care pathways for: sleep (and complex sleep), continence (day and night wetting and soiling), healthy weight, fussy eating, emotional wellbeing, healthy relationships, sexual health.
- Offering School health clinics for parent/carers and young people to access.
- Delivering mainstream school staff Anaphylaxis and Asthma awareness.
- Supporting the delivery of school aged Immunisation programmes.

### For more information:

Parents/Carers, children and young people can ask their school to contact their specific School Nurse on their behalf.

Contact: 0-19 HV & SN Early Help & Prevention Service, Floor 2 Core 2 Civic Offices,  
Guildhall Square, Portsmouth PO1 2GJ

Telephone: 0300 123 6629

Email: [snhs.portsmouthschoolnursingservice@nhs.net](mailto:snhs.portsmouthschoolnursingservice@nhs.net)

PULSE text messaging service: 07491 163276