

Family Support Plan

Questions to support you in your conversation with the family

The below questions are designed to help you to have an open and honest conversation with the family to understand what is happening, what their thoughts and feelings are, how what is happening is impacting on the family and what they would like to see happen to make things better / change.

<u>The Day in the Life Tools</u> will further help you to understand the lived experience for the child. Please find more information regarding this <u>here</u>

These questions are set out as a guide, not all questions will be appropriate or necessary to ask. This is not a list to go through but a guide to support your conversation and intends to support practice rather than dictate what to ask.

Getting a good Education

Tell me about your child's attendance, do they manage to attend over 90% of the time?
How do you feel about your child's attendance being less than 50%?
How does your child feel about school?
How does your child describe their friendships?
What do you think about your child's friendships at school?
What does your child enjoy about school? What do they find most difficult about school?
What do you find the most helpful about your relationship with school?
What do you feel is the most difficult part of your relationship with school?
Do you have concerns that your child is at risk of or is subject to suspensions or exclusion?
Does your child have plans for college and Post 16? (Age appropriate)
Does your child struggle to participate in education due to emotional regulation or behavioural difficulties tell me more
Does your child have any SEN needs that you feel are not being met?
What would you like to be different about your child's education?
If you could change one thing about school for your child, what would it be?



Pregnancy and good Early Years Development

Tell me about your preparations for your new baby

How are you getting on with getting all that you need for when the baby arrives?

How are you feeling about the new baby's arrival?

Are you getting the support you need to prepare for your new baby? Is there anything you are worried about?

Tell me about the things you do with the children... what do they enjoy doing the most? What do you enjoy doing the most?

What do you find most difficult about being a parent?

What support would you like to help with the concerns you have?

Tell me about how you manage when things are difficult with behaviour...

Is there anything you find hard when managing behaviour?

Has your child attended their developmental checks and immunisations?

Do you have a registered GP and dentist? Are you able to access this when needed?

Does your child attend an Early Years setting?

Are you aware of eligible 2- & 3-Year-old funding for attending Early Years. Does your child currently access funding?

Having good mental and physical health

Describe to be 3 things which sum up how you see your child's well-being / mental health When you think of your child(ren), what 3 things pop into your mind? Tell me more... As a family what do you do to look after your mental health? E.g. exercise, walking, family time, talking etc... As a family what do you do to look after your physical health? E.g. exercise, walking, family time, diet, talking etc... Does your child have any physical needs which impact on their daily tasks? Do you or your partner have any physical needs which impact on your ability to parent / carry out your daily tasks? How would you describe your mental health / emotional well-being? Do you or your child/children require support with learning disabilities and/or physical health needs?



Reducing the impact of substance use

Tell me about alcohol in your family, how does drinking impact on you all?

Is there anything which worries you about alcohol?

Tell me about drug taking in your family, is there anything which worries you?

Are you worried about your child's current drinking and/or drug use?

Do you or your family require any additional support around alcohol or substance use?

Having good family relationships

Tell me what you enjoy doing as a family, do you spend time together?

Do you have any worries or concerns about your child's behaviour?

Is there anything about parenting that is difficult right now? Tell me more about this...

What do you enjoy most about parenting?

Does your child ever become physically aggressive to you or others within the home? Tell me more about this...

How do you and your partner get on, is there any conflict?

Does your child have to take on a carer role to support you within the home and take on additional responsibilities?

Keeping children safe from harm

Are you able to meet your family's needs, such as being able to provide enough clothing, food, bedding etc?

Do you have concerns around where your child goes when they are out with friends?

How do you find managing your child's on-line activity? Do you have any concerns about who they are talking to or interacting with?

Does your child ever go missing from home? If this does happen tell me about how they are when they return...

Have you seen any changes in behaviour from your child, or concerns about new or existing friendships?

Are you concerned that your child may be at risk of sexual exploitation?



Are you concerned that your child may be at risk of criminal exploitation?

Is your child experiencing harm outside of the family? E.G peer on peer abuse, bullying online or sexual harassment?

Keeping safe from crime

What is it like living in your area, is there anything you are worried about?

(If something is concerning) What actions have you taken to help with what has happened?

Have you or your family been a victim of crime?

Are you or your partner involved in crime or anti-social behaviour? Do you have any police warnings or conditional orders?

Are you concerned that your child is involved in harmful risk-taking behaviour? Are you worried that your child may be involved in gangs or is carrying weapons?

Is your child currently involved in crime and/or ASB or know to the youth offending team?

Having healthy relationships

Tell me what you really like about your relationship with your partner...

Is there anything which you find difficult in your relationship with your partner?

Do you feel that you or your children are affected by domestic abuse (historic, recent, current)?

Are you concerned that there an adult in the family who is a perpetrator of domestic abuse?

Do you feel that your child has been impacted by historic domestic abuse? Would you like information regarding support around this?

Having secure and suitable housing

Tell me what you like about your home...

Do you have enough space for your family?

Tell me what you see as the most difficult thing about living where you do?

Are you concerned that you may be evicted? Do you have any rent arrears?

Are you and your family currently in temporary accommodation or unsuitable accommodation?

How do you find your neighbours, do you have any problems?



Having financial stability

Do you and/or your partner work? Do you have any concerns around work?

Tell me about money and budgeting, is there anything you find difficult?

What impact do these difficulties have on you and your relationships with your partner and the children?

Are you able to pay the bills and buy basic food for you and the family?

Do you have any debt or rent arrears? Is this manageable or is it worrying you?

What support do you currently access to help with family finances?

Tell me about your work, what are your work commitments?

Some common follow-on / generic question which may be helpful:

Tell me more about....

Describe to me....

Can you say more about that?

What support would you find useful?

What change would you like to see?

What else?

Are there any alternatives?

Who could help with that?